

COUNSELING AND STUDENT WELLNESS PHILOSOPHY

A university is a community of individuals who share common purposes and goals.

Achievement of desired goals can occur when members of the community (faculty, staff, and students) recognize their interdependence and work together to create an environment which will have a positive influence on all. An atmosphere which facilitates, encourages, and rewards self-respect, concern for others, and personal growth is what makes a university a healthy community.

The individual student within the university community is a whole person who has academic, social, emotional, vocational, and personal needs. All facets of the person are important; they must be attended to and developed utilizing a holistic approach. Satisfaction and fulfillment in any single area can result in desirable effects in other areas.

Education is the central process through which full student development can be promoted. Every member of the community has something to teach and therefore a role to play as an educator. We are affected by others and in turn we can have a significant and lasting effect on them.

